

# **ETHIOPIA**

## **STARTER**

### **SELATA BEGOMEN**

CREAMY KALE SALAD WITH NUTTY AVOCADO DRESSING

*ETHIOPIA IS THE SECOND MOST POPULOUS COUNTRY IN AFRICA AND IS A ONE-PARTY STATE WITH A PLANNED ECONOMY. FOR MORE THAN A DECADE BEFORE 2016, GDP GREW AT A RATE BETWEEN 8% AND 11% ANNUALLY – ONE OF THE FASTEST GROWING STATES AMONG THE 188 IMF MEMBER COUNTRIES. THIS GROWTH WAS DRIVEN BY GOVERNMENT INVESTMENT IN INFRASTRUCTURE, AS WELL AS SUSTAINED PROGRESS IN THE AGRICULTURAL AND SERVICE SECTORS. MORE THAN 70% OF ETHIOPIA'S POPULATION IS STILL EMPLOYED IN THE AGRICULTURAL SECTOR, BUT SERVICES HAVE SURPASSED AGRICULTURE AS THE PRINCIPAL SOURCE OF GDP.*

*CAPITAL: ADDIS ABABA*

## **ENTREE**

### **DORO WOT WITH KEY SIR RUZ**

ETHIOPIAN CHICKEN STEW, LEMON GARLIC BEET RICE

*MOST TRADITIONAL ETHIOPIAN FOOD IS EATEN WITH THE RIGHT HAND. THIS IS DONE BY TEARING OFF A PIECE OF INJERA, USING IT TO GRAB SOME FOOD, AND PUTTING IT DIRECTLY IN YOUR MOUTH. MEALS ARE EATEN FROM A COMMUNAL PLATE, BUT YOU SHOULD NOT REACH ALL THE WAY ACROSS TO THE OTHER SIDE TO GRAB FOOD; EAT WHAT IS CLOSE TO YOU.*

## **SIDE**

### **MISIR WOT**

BERBER RED LENTILS

*BUSINESS PEOPLE DRESS CONSERVATIVELY AND WEAR SUITS AND TIES WHEN CONDUCTING BUSINESS. ENGLISH IS WIDELY USED FOR TRADE PURPOSES, BUT ITALIAN AND FRENCH ARE ALSO USEFUL.*

## **DESSERT**

### **MUZE DABO**

BANANA BREAD, ROOIBOS ICE CREAM

*WHEN GREETING OTHERS AT A RESTAURANT, OFTEN THEY WILL HAVE ALREADY WASHED THEIR HANDS OR ALREADY BE EATING. IN PLACE OF A HANDSHAKE, THEY WILL OFFER YOU THEIR WRIST; LIGHTLY GRASP THEIR WRIST BUT DO NOT SHAKE IT. IF YOUR HANDS AREN'T SUITABLE FOR A HANDSHAKE EITHER, YOU CAN TOUCH YOUR WRIST TO THEIRS.*